



**DIABETES
FOUNDATION
OF MISSISSIPPI, INC.**

The Burden of Diabetes on Mississippi

- In 2012, 12.5 % of Mississippi's adult population having reported having diabetes, the national average is 9.0%. (MSDH 2012)
- An estimated **373,000 adults in Mississippi have diabetes**, BUT only 280,000 know they have it.. *

Mississippians have the highest risk of developing Type 2 Diabetes

- 69% of people in Mississippi are overweight or obese.
- 41% of Mississippi children ages 10 to 17 are overweight.
- 21.7 % of Mississippi children are obese

Overweight individuals are at increased risk of developing Type-2 diabetes, and these statistics have earned Mississippi the title: "Heaviest State in the Union."

Diabetes is the sixth leading cause of death in Mississippi.

In 1990, 440 death certificates listed diabetes as underlying cause of death. By 2012, it was 1039.

1 out of 10 people with Type 2 diabetes have other serious health problems associated with the disease such as heart disease, stroke, eye damage, kidney disease, and foot problems that can lead to amputations. Therefore *diabetes complications contribute to many more deaths than death certificates indicate .*

High risk populations include those over 40 years old, Native American/Choctaw, Hispanic, Black/African American, and those with a family history of diabetes.

Mississippi Statistics by Demographic

Age	% with Diabetes	Ethnicity	% with Diabetes	Ethnicity/Gender	% of with Diabetes
18 -34	< 3.0 %	White	11.3	White Males	11.3 %
35-44	9.4 %	Black	14.6	Black Males	13.0 %
45-54+	12.1 %	Hispanic	13.2	White Females	11.2 %
55-64	22.2 %	MS Choctaw	33-50%	Black Females	15.9 %
65+	25.0 %				

Education	% with Diabetes
Did not complete high school	18.6 %
High school or GED	13.0 %
Some college work	10.1 %
College graduates	9.2 %

Sources: CDC: *National Diabetes Statistics 2013*.
 Mississippi Behavioral Risk Factors Survey 2012 Annual Report .
 MS State Dept. of Health.: *Mississippi Vital Statistics 2012*.
 Bureau of the Census: *2013 Population Estimate Figures*.
 AACE: *State of Diabetes Complications in America 2009*.
 United Health Foundation: *America's Health Rankings 2013*.
 ADA: *Economic Cost of Diabetes in the US 2012, Diabetes Care 3/6/13*

Nation-Wide Cost of Diabetes

- **Diabetes Costs the US almost \$ 245 Billion a Year...About 10% of all national health care spending.**
 - \$176 billion in direct medical cost
 - \$69 billion in reduced worker productivity.

Projections indicate that pre-diabetes, diabetes and its complications will cost this country 3.35 Trillion dollars over this decade.

* All figures exclude Gestational Diabetes